I'm thrilled that you have found your way to this course about learning how to read the Akashic Records. I can tell you with certainty that if your experiences in the Records are anything like mine and my students', this work will blow you away—literally. It will blow away the misperceptions you've held about the world up to this point in your life. It will blow away the fears and excuses that have kept you from moving forward. And it will blow you *into* a new place of understanding, insight, love, and peace—a place that allows you to embrace your life and everything about it.

At some point, you made a deliberate decision to deepen your spiritual connection and expand your experience on this planet. Now is the perfect time to begin, and this course is your perfect tool. It walks you through the entire process of learning to read the Akashic Records, and offers techniques and exercises for using the Records to heal yourself and others. And in our two live sessions, you can ask me any questions that you have about your work in the Akashic Records.

The Akashic Records are a dimension of consciousness that contains a vibrational record of every soul and its journey. This vibrational body of consciousness exists everywhere in its entirety, and is completely available at all times and in all places. As such, the Records are an experiential body of knowledge that contain everything that every soul has ever thought, said, and done over the course of its existence, as well as all its future possibilities.

In the process of accessing, or "opening," the Akashic Records, we transition from a state of ordinary human consciousness to a state of Divine universal consciousness in which we recognize our Oneness with the Divine at all levels. This state of consciousness allows us to perceive the impressions and vibrations of the Records. In this way, the Records have served humanity throughout its unfolding by being an extra-ordinary state through which we can receive Divine illumination at a manageable rate, and integrate it into our human experience. Because of this integration, we can quite literally say that accessing the Akasha allows us glimpses of heaven on earth!

The Akashic Records are the Light Body of universal self-awareness. As such, they contain the universal consciousness, with its three main components of mind, heart, and will. The Records also contain the radiant vibrations of Light that all things generate. Every time we access the Records, our awareness is affected by this quality of Light, and we become "en-Lightened" by it. When this happens, the effects of the Light become evident in our thoughts and emotions (and in those of our clients), and we begin to experience an increased sense of peace and well-being.

For centuries, the Akashic Records were the exclusive domain of mystics, saints, and scholars—and rightly so. Infinite power and wisdom are available in the Records, and they have been entrusted to those who are well prepared for the responsibility of deep knowing. In both Eastern and Western traditions, there have been mystery schools preparing seekers for esoteric knowledge. Trainings were known to be rigorous and exacting in order to ensure the sanctity of the work, protecting both the initiate and the dimension of consciousness.

Times have changed, however. The collective consciousness of the human race has been growing, evolving, and maturing. In the process, humanity has moved from the age of dependence on a spiritual "parent" to spiritual independence and responsibility. This spiritual independence is marked by individuals knowing that they have direct

access to their spiritual source, and by using their independence to cultivate that relationship. As we continue to forge new paths both *in* and *to* the Akashic Records, more people than ever before are being drawn to their Light. Today, anyone with a conscious commitment to seeking and spreading Divine Light and healing can access this body of wisdom, insight, and guidance.

Today, thousands of people have powerful relationships with the Akashic Records. While some people work in their Records strictly for their personal growth and development, others use their Records to support artistic endeavors such as photography, pottery, painting, writing, and composing. Businesspeople use the Records for help in managing their companies or careers, and parents use the Records for guidance and support in parenting.

While teaching hundreds of students how to read the Akashic Records over the past several years, I have watched them use it to usher in a new and higher dimension of consciousness—not only for themselves but for those whose Records they read. It has been an exciting and miraculous process, the effects of which are being felt across the planet. And now I am excited to be able to offer these teachings to you.

The reason I created this online course on how to read the Akashic Records is to give you an experiential tool you can actually practice along with me, in ways that will safely move you forward on your spiritual path. In this course I will present most of the information about how to read the Akashic Records in the audio portion of the program, which also includes guided sessions for each of the journeys you'll be learning in this course. In addition, I will include written information to supplement or expand on the material I'm presenting in the audio portion. I will also introduce and end each session with a short video clip, in which I will also occasionally teach additional practices that are not currently available elsewhere.

As you work your way through this course, you'll probably watch or listen to some parts only once. Other parts, however, will become stopping places that you'll want to revisit many times. However you choose to use this course, the information it presents is cumulative—it builds upon itself—so please experience it all the way through at least once. It is my heartfelt hope that you will make extensive use of this material, and that you will give the spiritual opportunity before you a fair try. With the course as your guide, you can follow the Light in ways you never dreamed of before.

And so my friends, thank you so much for stepping onto your path along with so many others who are committed to walking in the Light of truth, the Light of peace, the Light of power, the Light of love. We stand together, shoulder to shoulder, moving ahead in our ordinary lives with an extra-ordinary perspective. You are a point of Light within an amazing, infinite Light that permeates all of life and every soul in the Universe. I want you to know that I know that there is a Light that only you can shine. I know that your Light is unique and vital to the illumination of humanity. Together our Lights will shine and will brighten the path for all who choose to join. You will know when the time is right for you, and when that moment arrives, you will set your feet upon the path. And together we will do what we could never do alone.

Much love and many blessings, Linda Howe